

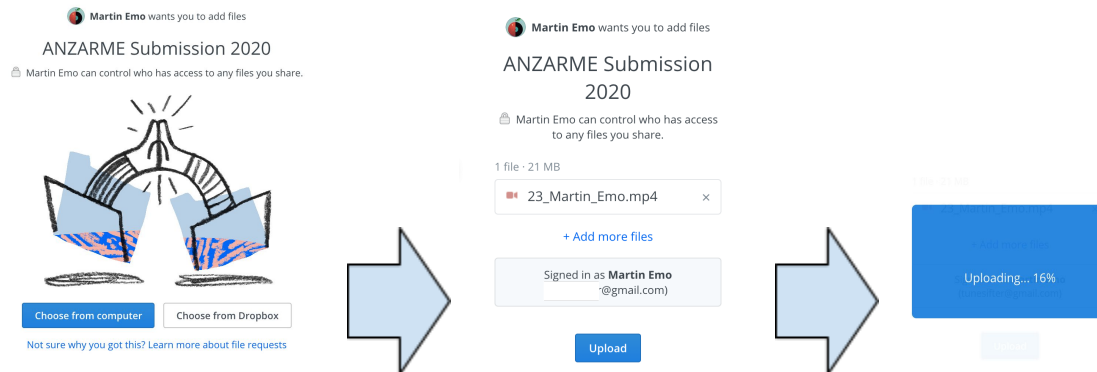
Video upload process ANZARME 2020

1. Record your video and use the slide template provided [here](#) for your first slide.
2. Ensure your video is named in the following format

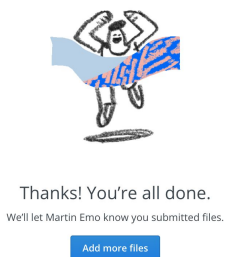
Abstract#_Firstname_Lastname.suffix
23_John_Wayne.MP4

(Do not change the suffix on your video. It could be MP4, MOV, WMV, AVI, and FLV. The above is just an example)

3. Upload to this dropbox link [here](#).
4. Follow the prompts as outlined in the pictures below



5. You will see this message when you are successful



TIPs

- The time it takes to upload will depend on your internet speed and the size of your video.
- Do not close the window or attempt to run a video chat/streaming at the same time.
- I recommend uploading over a lunch hour or over a cup of tea.
- If you do not see the message seen in step 5, it has not worked. Try again tomorrow.
- If you follow the above process and need help, please email tech support ANZARME2020@gmail.com with "Video submission problem" in the subject line.